

Hola Comunidad!

The momentum gained in this year is interconnected to the ongoing call-to-actions of current and previous generations. In collaboration with In.Visible Paradigms Alumni community, we've curated a list of resources that aim to educate, engage and move towards action. This July 4th resource list should not be used as a stand alone commitment to anti-oppression.

In honor of Audre Lorde, we ask to share it within your community and ask for commitment from those you engage with. We ask you to integrate the knowledge learned and move it towards articulation and action. We'd like to bring attention to the fact that [#ThisIsNotYourSummerInitiative](#) and that oppression will endure if we choose to disengage from the advocacy work communities have already accomplished.

Love, Rest & Resilience,

Brenda & In.Visible Paradigms Alumni

RESOURCES

books + articles

- [Black Patriots and Loyalists](#): fighting for emancipation in the War for Independence by Alan Gilbert
- ["The emotional impact of watching white people wake up to racism in real-time."](#)
- [Speech by Frederick Douglas, 1852, "The Meaning of July Fourth for the Negro."](#)
- ["Forget the Parades. Protest this Fourth of July."](#)
- ["Virginia makes Juneteenth a state holiday."](#)
- ["What is White Supremacy"](#) by Betita Martinez

CO + MA orgs to follow

- [Colorado People's Alliance](#)
- [Center for Community Wealth Building \(CO\)](#),
- [Soul 2 Soul Sisters \(CO\)](#),
- [Building Bridges \(CO\)](#),
- [Center for African American Health \(CO\)](#),
- [Anti-Racism Collaborative \(MA\)](#),
- [She Geeks Out \(MA\)](#),
- [Cultural Fabric \(MA\)](#),

videos

- ["How to Be an Antiracist & Frederick Douglass's 4th of July Oration" by Ibram Kendi](#)
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PROMPTS

- What are you seeing that others are not and how can you stay rooted so you are ready to speak in those moments?
- What feelings does "Independence Day" bring up for you?
- Practice Reflective Urgency. Stop, breathe, and ask: What does the status quo want me to do in this moment and how should I respond so I don't perpetuate cycles? Who is this urgent for?
- What can I release/let go of in order to be a better ally?
- On this day, July 4th, I commit to _____ in order to _____. I recognize that my commitment will be challenged by my own _____. Nevertheless, I will remain committed and learn from everything that is to come.
- A year from now I'd like to see:
 - Name a personal transformation
 - Name a social or relational transformation
 - Name an change within your organization/institution